

WALK-IN COUNSELLING SERVICES

**“I need
a plan.
I need someone
to listen.”**



WALK-IN DATES & LOCATIONS

Carizon Walk-In Counselling: For All Ages

Tuesdays: 12 noon - 6 p.m. at Carizon

400 Queen St. S., Kitchener, ON N2G 1W7

(Located on several GRT Routes and blocks from GRT Terminal)

At Walk-In, our counsellors will meet with you for a 90-minute session. Our goal is that you leave the session with a plan, practical solutions and new coping skills.

Couples are not seen together in Walk-In, however, couples counselling is available through our regular scheduled appointments.

Carizon Walk-In Costs:

Fees are based on our sliding fee schedule dependent on household income. There may be funding available to you. No one is turned away due to an inability to pay.

Please note that walk-in counselling and access to services for children and their parents, and youth (up to their 18th birthday) are also available through Front Door (a Carizon and Lutherwood partnership); visit www.frontdoormentalhealth.ca.

CARIZON

Inspiring Hope + Wellness in Our Community

www.carizon.ca

Contact Us:

(519) 743-6333 info@carizon.ca



United Way
Kitchener Waterloo & Area

Accredited by
Canadian Centre
for Accreditation



Agréé par
Centre canadien
de l'agrément