

RIDE FOR REFUGE



CARIZON

Inspiring Hope + Wellness in Our Community

WHY YOU SHOULD SUPPORT CARIZON AT THIS YEAR'S RIDE FOR REFUGE ON SEPTEMBER 30TH

You will not only have a great day of camaraderie cycling in our glorious Region, but you will also support the children, youth and families we help every day!

72

CARIZON DELIVERS SERVICES IN MORE THAN 70 LOCATIONS THROUGHOUT THE REGION OF WATERLOO.

CARIZON' PROGRAMS MEAN THAT:

- people get the help they need when faced with traumatic & challenging circumstances
- preventative programs are in place to build strong families & resilient individuals
- children & youth are provided with opportunities to reach their full potential
- families live & work in a supportive & healthy community of wellness



13,000

TOTAL CLIENTS RECEIVING DIRECT SERVICE!

... but the impact is actually greater when we factor in the families & communities of the individuals supported.



94%

of clients expressed satisfaction with the services they have received at Carizon.

91%

of clients identified they are moving in a direction to improve their circumstances.



A SNAPSHOT OF WHAT CARIZON DOES:

Carizon is a source of hope for our community. When children, youth, adults, couples or families face life's challenges, Carizon programs and services provide the care and compassion to help them achieve wellness.



COUNSELLING

All of us face difficult personal struggles at some point in our lives. Most often we can cope with these issues ourselves, but occasionally problems can be solved better and more quickly with professional help.



INSPIRING



COMMUNITY SERVICES

Carizon reaches out to the community to bring specific services to groups of people who need them the most, in locations where support is essential to family well-being.



IN OUR COMMUNITY



THE FOUR PILLARS

CHILDREN'S MENTAL HEALTH

Carizon helps children and youth struggling with social, emotional or behavioural concerns through family centred intensive treatment, trauma treatment services and recreation and respite programs.



HOPE



EDUCATION & SCHOOL-BASED SERVICES

Carizon's education and school-based services, provided in partnership with local school boards and organizations, help children and youth succeed in an educational environment.



AND WELLNESS



HELP FAMILIES BY SUPPORTING CARIZON IN THIS YEAR'S RIDE FOR REFUGE!

- Start a team in support of Carizon. Options include a 50k, 25k or 10k cycle, or a 5k walk.
- Join a team in support of Carizon. Options include a 50k, 25k or 10k cycle, or a 5k walk.
- Sponsor a rider/walker.

Learn more by visiting: <https://rideforrefuge.org/charity/carizon>