



Do you have a child or youth who is not moving past a difficult situation?

Do you have questions about how to help your child or youth cope with their feelings after difficult situations?

Carizon & Lutherwood offer Trauma Informed Parenting Workshops

Trauma Informed Parenting Workshops are being offered in the Waterloo Region for parents/caregivers of children and youth who have experienced trauma. The purpose for these workshops is to assist parents/caregivers with understanding trauma and what it means to parent their child from a trauma-informed perspective.

Upcoming Workshops:

When: **Wednesday January 23, 2019 from 12:30pm-2:30pm**

Where: Victoria Hills Community Centre
10 Chopin Drive Kitchener On

Interpreters provided upon request! **Child minding** is also available for these sessions!

Registration is required! For more information or to register, please call Jamie at 226-339-0571 or email at jkeyzer@carizon.ca

Join us to learn:

- What trauma is
- Common responses that children and youth have
- Tools to help your child/youth cope with difficult situations

Front Door

A Partnership of