Do you have a child or youth who is not moving past a difficult situation?

Do you have questions about how to help your child or youth cope with their feelings after difficult situations?

Carizon & Lutherwood offer

Trauma Informed Parenting Workshops

Trauma Informed Parenting Workshops are being offered in the Waterloo Region for parents/caregivers of children and youth who have experienced trauma. The purpose of these workshops is to assist parents/caregivers with understanding trauma and what it means to parent their child from a trauma-informed perspective.

Upcoming Workshops:

When: November 21, 2018 from 12:30pm-2:30pm
Where: 645 Westmount Road East
Kitchener, On

Interpreters provided upon request! Child minding is also available for these sessions!

Registration is required! For more information or to register, please call or text Jamie at 226-339-0571.

Join us to learn:

- What trauma is
- Common responses that children and youth have
- Tools to help your child/youth cope with difficult situations

Front Door

A Partnership of