

MOBILE CRISIS SERVICES



Mobile Crisis Services is a community-based outreach service that provides support to individuals and families experiencing a mental health crisis who urgently need stabilization.

A short-term support, Mobile Crisis strives to stabilize individuals/families in crisis, develop coping and safety plans with them, and connect them with longer-term community supports and services.

Mobile Crisis Services provides:

- Short-term (2-3 week) crisis-stabilization
- Telephone and/or community support (it could be home or school)
- Coping and safety planning support
- Community resource information

A Joint Initiative of:



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Admission Criteria

- Children/youth (up to age 18) and their families living in the Waterloo Region who voluntarily consent to service
- Child/youth exhibiting high risk behaviours including self-harm or suicidal thoughts
- Child/youth with a crisis safety plan but self-intervention strategies are not successful
- Mental health crisis requires an urgent response but is not an emergency requiring police or ambulance services

Mobile Crisis Services operates Monday to Friday, 9:00 am to 9:00 pm and usually responds within 48 hours of the referral when the situation warrants it.

Referrals

If you are a professional within the community (teacher, doctor, mental health worker, etc.) who would like to refer someone to Mobile Crisis Services, please contact Front Door at

519-749-2932

Monday to Friday between 8:30 am & 4:30 pm.

Please note that Mobile Crisis Services does not accept self-referrals.

There are no user fees as this service is funded by the Ministry of Child and Youth Services.

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A Joint Initiative of:



www.kidsLINKcares.com



www.lutherwood.ca