



## Zero2Six Consultation Service

**Is your child age six or younger and experiencing or at risk of developing social, emotional, behavioural and/or mental health challenges? We can help.**

We offer a one-hour confidential consultation service for parents of children up to age six. The focus of the consultation could include sleep, toileting, social and emotional development, behavioural challenges, and /or parenting strategies.

**Zero2Six Consultations are available at these Ontario Early Years locations:**

### **Our Place- Kitchener Early Years Centre**

**154 Gatewood Rd. Kitchener, ON (519) 571-1626**

Tuesdays (9:30-12:30):

September 15      September 29      October 13  
October 27    November 10    November 27    December 8

### **Cambridge Family Early Years Centre**

**149 Ainslie St. N. Cambridge (519) 740-8353**

Thursdays (9:30-12:30):

September 24      October 8      October 22  
November 12      November 26      December 10

### **Waterloo YMCA Early Years Centre**

**161 Roger St. Waterloo, ON (519) 741-8585**

Wednesdays (9:30-12:30):

September 2      October 7  
November 4      December 2

### **Waterloo West YMCA Early Years Centre**

**719 Erbville Rd. Waterloo, ON (519) 885-0552**

Wednesdays (9:00-12:00):

September 16      October 21  
November 18      December 16

**Call an Early Years Centre near you to book an appointment.**