

External Job Posting:

Emotional Freedom Technique Facilitator

AGENCY OVERVIEW:

Carizon Family and Community Services specializes in children's mental health, youth engagement and development, family violence services, individual and family counselling, parental support and education, credit counselling, workplace resilience, settlement support and community wellness.

POSITION OVERVIEW:

Emotional Freedom Techniques (EFT) provides a complementary therapy for individuals struggling with mental health challenges that may not respond to traditional counselling. Described as emotional acupuncture, this "Energy Therapy" practice seeks to balance the energy field of the human body, blocking negative emotions causing anxiety, phobias, pain and often physical illness. EFT aims to help clients understand and manage emotion through experiential tools of tapping. Facilitators perform controlled sessions with individuals, groups or families where EFT is used to explore behaviour, attitudes and emotions (some of which may be unconscious or repressed). This is a contract (until December 31, 2019) part-time position working 21 hours/week.

RESPONSIBILITIES:

- Assessing clients' needs
- Planning and providing appropriate EFT sessions
- Actively participating in EFT sessions and encouraging clients to do the same
- Maintaining records and case notes
- Reporting progress to families/careers, relevant agencies or professional staff

EDUCATION/KNOWLEDGE/EXPERIENCE:

- University Degree BA or a College Diploma in a social science. (or a combination of education and experience)
- 3rd Level Masters training in Emotional Freedom Techniques modality
- 3-5 years of experience in a using and facilitating EFT modality of service
- Experience facilitating and managing group dynamics
- Experience facilitating workshops for professionals and parents
- Experience interfacing with culturally diverse communities and children
- Excellent communication skills, both written and orally
- Ability to manage time and quality pressures, deadlines and instances of unpleasant client interaction
- Self-motivated, committed, very organized and sensitive to the needs of participants

HOW TO APPLY:

Interested applicants are invited to submit their resume (in confidence), before 4:00 p.m. on the last day of this posting to: Human Resources via email: hr@carizon.ca, quoting the competition number in the cover letter and email subject line. *We request that candidates please send their cover letter and resume together as one combined document (Word.doc, PDF etc.).*



**Carizon is an equal opportunity employer and supports workforce diversity. At Carizon, we believe that diversity enriches our performance, clients, services offered, the communities where we live and work, and the lives of our employees. Should you require accommodation during the recruitment process, please contact Human Resources (hr@carizon.ca). While we thank all applicants for their interest, only those candidates selected for an interview will be contacted.*

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| <u>SALARY:</u> As per salary range | <u>STATUS:</u> Contract, Part-time | <u>COMPETITION NUMBER:</u> 07-17 (NUC-06) |
| <u>LOCATION:</u> Kitchener-Waterloo | <u>HOURS OF WORK:</u> 21 hours per week | <u>POSTING PERIOD:</u> Jan. 31 – Feb. 21, 2017 |
| <u>EMPLOYEE GROUP:</u> Non- Union | <u>SCHEDULE:</u> TBD | <u>START DATE:</u> ASAP |