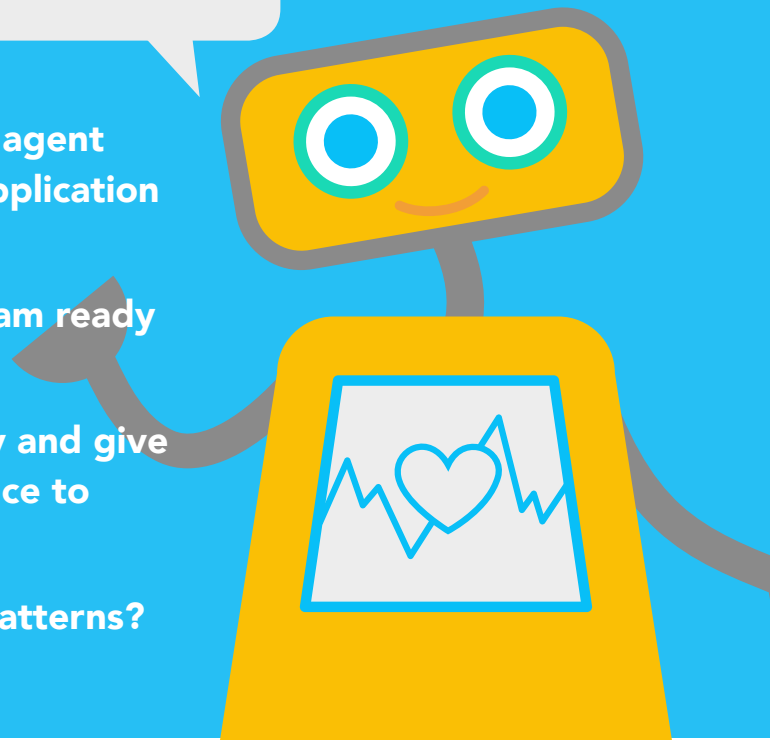


# Feeling stressed or down? Want to feel better?

**Hi, I'm Woebot**

- I'm an automated conversational agent (chatbot) delivered through an application on your smartphone
- You can check in with me daily. I am ready to listen 24/7
- I use cognitive behaviour therapy and give you tailored, step-by-step guidance to think better and feel better
- Want to learn more about your patterns? I'll share insights with you too



Download the app here: <https://woebot.page.link/ontario>



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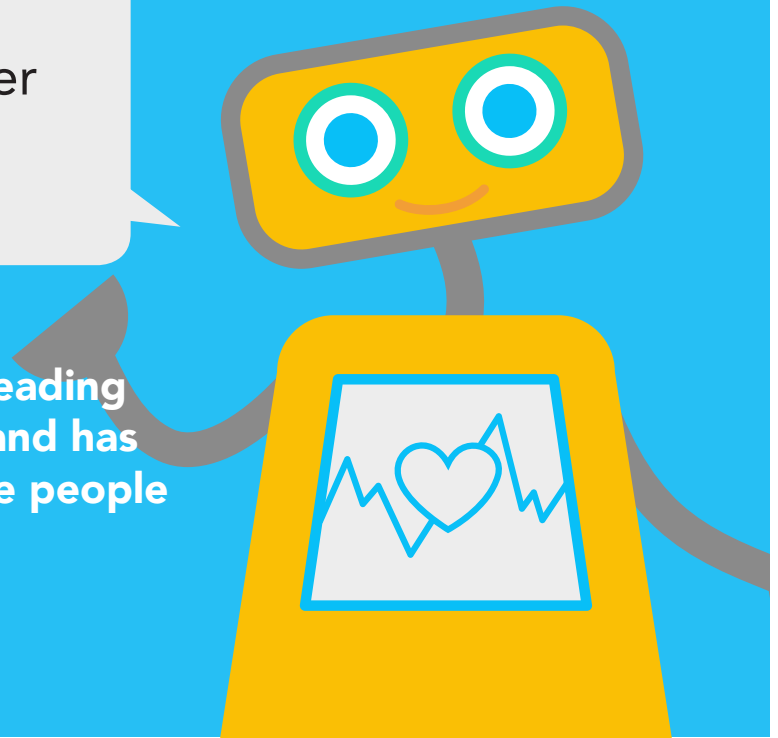
**Too much work?  
Too little money?  
Have relationship issues?  
Feeling stressed?  
Facing other challenges?**

**Hi, I'm Woebot!**

I can help you think better  
and feel better in just 10  
minutes a day.

Woebot is an app created by leading  
experts in clinical psychology and has  
a demonstrated ability to make people  
happier.

Talk to Woebot for free.



**Download the app here: <https://woebot.page.link/ontario>**



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