

**When:**  
Tuesdays  
7:30-8:30pm

**STARTS:**  
Sept. 21<sup>st</sup>, 2021

**Where:**  
ONLINE,  
(using ZOOM)

**Contact:**  
Roberto at  
[capc@carizon.ca](mailto:capc@carizon.ca)  
to register  
or  
for more  
information.

 400 Queen St. S, Kitchener

 519-743-6333

 [www.carizon.ca](http://www.carizon.ca)

**CARIZON**  
Inspiring Hope and Wellness in Our Community



## **Online Dads Group** **for dads with children ages 0-6** **and dads-to-be!**

Children and Parents Connecting  
(CAPC)

Participate in fun activities with your  
child(ren)

Learn ways to connect with your  
children

Join us to talk about what you think it  
means to be a dad.

- *Grocery gift card provided to dads who complete the group*

*This program is funded by the Public Health Agency of  
Canada*



Region of Waterloo  
PUBLIC HEALTH AND  
EMERGENCY SERVICES