Busy Babies… Nobody’s Perfect

For parents with children ages 0-6 years

Children and Parents Connecting (CAPC)

The Busy Babies... Nobody’s Perfect parenting group is an 8-week, parent support group for Arabic speaking parents and caregivers.

Our goals are to:

• Promote positive parenting
• Increase parents’ understanding of children’s health, safety and behaviour
• Help parents build on the skills they have and learn new ones
• Improve parents’ self esteem and coping skills
  • Increase self-help and mutual support
  • Bring them in contact with community services and resources
• Help prevent family violence

Families that complete the program will receive a grocery gift card!

Note: This program will be facilitated in English and translated by an Arabic speaking interpreter.

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