

When:

Thursdays
7:30-8:30pm

or

Saturdays
9:30-10:30am

Starts:

January 13th, 2022

or

January 15th, 2022

Where:

Online,
(using Zoom)

Contact:

519-743-6333
x2383

capc@carizon.ca

to register
or

for more
information.

 400 Queen St. S, Kitchener

 519-743-6333

 www.carizon.ca

CARIZON
Inspiring Hope and Wellness in Our Community



Online Dads Group for dads with children ages 0-6 and dads-to-be!

Children and Parents Connecting
(CAPC)

This program will help you to:

- Relate better to and connect with your child
- Commit more quality time with your child
- Teach your children about important topics like emotions, health, and communication

Grocery gift card provided to dads who complete the group

This program is funded by the Public Health Agency of Canada


Dad Central


Region of Waterloo
PUBLIC HEALTH AND
EMERGENCY SERVICES