**Online Dads Group**
for dads with children ages 0-6 and dads-to-be!
Children and Parents Connecting (CAPC)

**This program will help you to:**

- Relate better to and connect with your child
- Commit more quality time with your child
- Teach your children about important topics like emotions, health, and communication

**Grocery gift card provided to dads who complete the group**

**When:**
Thursdays
7:30-8:30pm
or
Saturdays
9:30-10:30am

**Starts:**
January 13th , 2022
or
January 15th, 2022

**Where:**
Online, (using Zoom)

**Contact:**
519-743-6333
x2383
capc@carizon.ca
to register
or
for more information.

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**400 Queen St. S, Kitchener**
519-743-6333
www.carizon.ca

**CARIZON**
Inspiring Hope and Wellbeing in Our Community

**Dad Central**