Carizon’s in-person Trauma Informed Parenting Workshop is being offered in the Waterloo Region for parents/caregivers of children and youth who have experienced trauma. This two-session workshop assists with understanding trauma and what it means to parent children from a trauma-informed perspective. Join us to learn what trauma is, common responses that children and youth have and tools to help your child/youth cope with difficult situations.

Session One: Focus is on “What is Trauma and what are the symptoms of Trauma”

Session Two: Provides parents with strategies and tools that can assist their child in dealing with Trauma

Upcoming Workshop Dates:

- Thursday, December 2, 2021 AND Thursday, December 9, 2021
  9:30 a.m. – 12 NOON, Carizon, 400 Queen Street, Kitchener

- Wednesday, December 15, 2021 AND Thursday, December 16, 2021
  6:00 – 8:30 p.m., Carizon Community Room, 645 Westmount Rd., Kitchener

*Interpreters provided upon request!

Registration is required!

To register, please complete this form and one of our Family Resource Coordinators will reach out to confirm registration.

For more information please call 519-743-6333 ex 2383 or email CRPGroups@carizon.ca